



# NOT IN OUR COMMUNITY

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**Lesson Plan:** Becky's Story Film Resource



[www.notinourcommunity.org](http://www.notinourcommunity.org)



# Becky's Story

## Session Plan

Becky's Story is a six-part short online series showing how perpetrators may use social media to groom and exploit young people. The series is shown here as one film. The film represents the stages of grooming and how they may look when a young person is being groomed online, specifically during lockdown due to the COVID-19 pandemic, although these stages are typical of most grooming situations.

### Film Running Time

6 Minutes

### Advised Session Duration

15 to 20 Minutes

### Age Rating

11+

### Film Link

<https://youtu.be/F9LlgtM71Ms> or search 'Becky's Story Not In Our Community' on YouTube.

### Suggested Follow-up Materials

Visit [www.notinourcommunity.org](http://www.notinourcommunity.org) and select the 'NIOC Connect' tab for more resources. Follow Not in our community on Instagram, Facebook, Twitter, or YouTube.

### Closing Message & Accessing Help

Think you or a friend might have been sexually exploited? Want some advice or someone to talk to? Exploitation is never your fault.

If someone is in immediate danger call 999. If you have concerns about grooming or exploitation, you can call the local police on 101.

For 24/7 free, confidential help and advice you can call or text 116000 a dedicated sexual exploitation helpline run by the Missing Persons Charity.

Alternatively, you could speak with a trusted adult such as a parent, grandparent, carer, teacher, youth, health or social worker, and you can use [www.notinourcommunity.org](http://www.notinourcommunity.org) to work out the next steps to take together. There are also local organisations here to help you listed on the "Get help" section of the website.

# Becky's Story

- 1. Watch the film.**
- 2. Read the questions and talk through / write answers.**
- 3. Use the suggested answers / hints section if required.**
- 4. Familiarise yourself with the signs and how to get help.**

## Questions

### Part 1 - Friendship

- What are the signs that Tony is targeting and trying to gain Becky's trust?
- What else might a predator do to gain someone's trust?

### Part 2 - Relationship

- What does Tony do to build his relationship with Becky?
- What else might a predator do to build a relationship?

### Part 3 - Risk Assessment

- What are the types of questions Tony asks to assess risk?
- What else might a predator do to assess risk?

### Part 4 - Isolation

- What are the signs that Tony is targeting and trying to gain Becky's trust?
- What else might a predator do to gain someone's trust?

### Part 5 - Sexulising

- What are the signs that Tony is targeting and trying to gain Becky's trust?
- What else might a predator do to gain someone's trust?

### Part 6 - Controlling

- What are the signs that Tony is targeting and trying to gain Becky's trust?
- What else might a predator do to gain someone's trust?

Suggested answers and prompts for each question are included on the following pages.

#### Please be aware:

This film is made up of six different scenarios. To ensure that you have enough time to answer each question, it is advised that you pause the film after each part.

If you're struggling to answer any of the questions below, take a look at the final page of the session plan for suggested answers.

# Hints and Answers

## Part 1 - Friendship

### What are the signs that Tony is targeting and trying to gain Becky's trust?

**Suggested answers:**

- By suggesting they share interests
- By saying her Dad knows him

## Part 2 - Relationship

### What does Tony do to build his relationship with Becky?

**Suggested answers:**

- Gives her soft compliments, e.g. sweetie and babe
- Offers her help with home learning
- Promises her access to the streaming subscription

Online groomers are often looking ways of relating with their victims to get closer to them. With Becky, Tony has picked up on things like her dad being too busy to help with school work and that she is bored so would appreciate the streaming subscription, but it could have been anything such as shared interest in music, sport, gaming or even things like the weather to suggest they have a connection.

It keeps the conversation going and gives the false impression that Tony cares about Becky and that these chats mean something.

However, he has already introduced the concept of "earning" a reward, he is not giving her these things out of the goodness of his heart.

## Part 3 - Risk Assessment

### What are the types of questions Tony asks to assess risk?

**Suggested answers:**

- Are you parents around?
- Who else can access your phone?

An online predator will ask a few questions to fish for information that might put them at risk. They might ask directly if someone is working for the police. They also might ask if the victim has any brothers or sisters who might be threat, or even an opportunity for grooming too.

# Hints and Answers

If the predator is grooming the victim to meet in person, they might ask what is nearby where they live such as shops, park or an area out of sight.

If someone asks you questions like this, you should try to ask why they would ask that and if their intentions are what they say they are.

Tony also knows that Becky's Dad seeing his texts could get him into a lot of trouble, if someone asks you to delete their messages or move conversations over to a platform where messages disappear, there could be ulterior motives for this which is about keeping themselves safe, not the victim.

## Part 4 - Isolation

### What are the things Tony is doing to isolate Becky from others?

#### Suggested answers:

- Suggesting that he cares more than her Dad does
- Saying her friends can't be bothered with her

Isolation is a key tool for a predator like Tony as it means Becky will become more reliant on him for support, this means she will find it harder to tell someone what's going on as Tony is making her feel like her friends and family don't care about her.

## Part 5 - Sexualising

### What might a predator do to sexualise a relationship with a child?

#### Suggested answers:

- Make talking about sex seem 'normal'
- Sharing images or pornography
- Talk about how they have sex

By initiating this kind of conversation Tony is normalising having a sexual conversation, he also uses flattery and compliments to make her feel special. By sending photos and talking about sex, Tony is testing out Becky's limits and gaging more information he may be able to use later. An adult sending pornography to a child is also illegal.

Becky's Story is based online, though if this were offline Tony might introduce casual touching, such as on legs and arms, that are gradual and try to make physical contact seem normal before making more sexual physical contact.

# Hints and Answers

## Part 6 - Controlling

### What do you think Becky should do next?

#### Suggested answers:

- Block Tony
- Tell her Dad what's happening

It's going to be difficult for Becky, but she has to tell someone.

This will be especially hard because of how Tony has groomed her, she is isolated from friends and family and she may feel she is in a caring relationship with Tony, but we can tell from that last clip she knows something does not feel right.

She has a number of options and can choose how she feels most comfortable in reporting what has happened. She can call the police on **101** to report it or if she feels like Tony is an immediate threat this is a serious crime so she can call **999**.

She might prefer to speak to someone she knows well and trusts such as her dad or another relative, a teacher, youth worker or any other adult in her life that she knows will have her best interests at heart. Some services like ChildLine can even be spoken to online if she's struggling with saying the words out loud.

She might feel worried about getting in trouble or what Tony might do, but the reality is that she is a child and there are people there to protect her. If she goes to meet Tony it is only going to keep happening and might get even worse.

It's possible Tony is grooming and abusing other children too. He knows what he's doing and is very dangerous. If she can, Becky needs to be brave and speak up. She will be believed and helped.