



Becky's Story – Home learning tasks

Film running time: 6 minutes

Lesson plan advised duration: 15 to 20 minutes

Age advisory: 11+ years

Introduction:

Becky's Story is a six-part short online series showing how perpetrators may use social media to groom and exploit young people. The series is shown here as one film. The film represents the stages of grooming and how they may look when a young person is being groomed online, specifically during lockdown due to the COVID-19 pandemic, although these stages are typical of most grooming situations.

Film released: April 2020

Film link:

- <https://youtu.be/F9LlgtM71Ms> or search 'Becky's Story Not in our community' on YouTube.

Suggested follow-up materials:

- Visit www.notinourcommunity.org and select the 'NIOC Connect' tab for more resources.
- Follow Not in our community on Instagram, Facebook, Twitter, or YouTube.

Closing message and accessing help:

Think you or a friend might have been sexually exploited?

Want some advice or someone to talk to?

Exploitation is never your fault.

If someone is in immediate danger call 999. If you have concerns about grooming or exploitation, you can call the local police on **101**.

For 24/7 free, confidential help and advice you can call or text **116000** a dedicated sexual exploitation helpline run by the Missing Persons Charity.

Alternatively, you could **speak with a trusted adult** such as a parent, grandparent, carer, teacher, youth, health or social worker, and you can use www.notinourcommunity.org to work out the next steps to take together. There are also local organisations here to help you listed on the "Get help" section of the website.



Reflecting on Becky's story

1. Watch the film.
2. Read the questions and talk through / write answers.
3. Use the suggested answers / hints section if required.
4. Familiarise yourself with the signs and how to get help.

Please be aware that this film is made up of six different scenarios. To ensure that you have enough time to answer each question, it is advised that you pause the film after each part.

If you're struggling to answer any of the questions below, take a look at the final page of the session plan for suggested answers.

Part 1 – Friendship

- What are the signs that Tony is targeting and trying to gain Becky's trust?

- What else might a predator do to gain someone's trust?

Part 2 – Relationship

- What does Tony do to build his relationship with Becky?

- What else might a predator do to build a relationship?

Part 3 – Risk assessment

- What are the types of questions Tony asks to assess risk?

- What else might a predator do to assess risk?



Part 4 – Isolation

- What are the things Tony is doing to isolate Becky from others?

- What else might a predator do to isolate a victim?

Part 5 – Sexualising

- What might a predator do to sexualise a relationship with a child?

- What else might a predator do to sexualise discussion with a child?

Part 6 – Controlling

- What do you think Becky should do next?

- What else could Becky do in this situation?

Please see suggested answers and prompts for each question on the next page.



Suggested answers:

Part 1 – Friendship

- What are the signs that Tony is targeting and trying to gain Becky's trust?

Suggested answers:

- By suggesting they share interests
- By saying her Dad knows him

Part 2 – Relationship

- What does Tony do to build his relationship with Becky?

Suggested answers:

- Gives her soft compliments
- Offers her help with home learning
- Promises her access to the streaming subscription

Part 3 – Risk assessment

- What are the types of questions Tony asks to assess risk?

Suggested answers:

- Are you parents around?
- Who else can access your phone?

Part 4 – Isolation

- What are the things Tony is doing to isolate Becky from others?

Suggested answers:

- Suggesting that he cares more than her Dad does
- Saying her friends can't be bothered with her

Part 5 – Sexualising

- What might a predator do to sexualise a relationship with a child?

Suggested answers:

- Make talking about sex seem 'normal'
- Sharing images or pornography

Part 6 – Controlling

- What do you think Becky should do next?

Suggested answers:

- Block Tony
- Tell her Dad what's happening

If you have noticed something strange about someone you've been speaking to or you notice anything about a friend that worries you, speak to a trusted adult either in your household or a trusted adult online (such as a family member not in your household, a teacher or neighbour) or you can speak to your local police on their non-emergency line 101. If you or someone you know might be in immediate danger, call 999